

915 Plumtree Road
Springfield, MA 01119
(413)782-5212

EVANGELICAL COVENANT CHURCH



Senior Drop-In Calendar of events Sept/Oct 2018

Welcome Back to the Senior Drop-In!

September..

October..



Thursday, Sept 13th

Food, Fun & Fellowship!

Menu: Welcome back Meatball Soup,
Pasta & Caesar Salad

Bible Study with Pastor Matt 9:30,
Tai Chi with Mr. Liu 10:30

Chair Massage with Vicki 10:00 on

Thursday, Sept 20th

Food, Fun & Fellowship!

Menu: Potato Cheese Soup & Taco Salad
Bible Study with Pastor Matt 9:30,
Tai Chi with Mr. Liu 10:30



Thursday, Sept 27th

Food, Fun & Fellowship!

Menu: Chicken Veggie Soup &
Ham Sandwiches

Bible Study with Pastor Matt 9:30,
Tai Chi with Mr. Liu 10:30

Chair Massage with Vicki from 10:00 on



Thursday, October 4th

Food, Fun & Fellowship!

Menu: Meatloaf Soup &
Chicken Salad Sandwiches

Bible Study with Pastor Matt 9:30,
Tai Chi with Mr. Liu 10:30

Chair Massage with Vicki from 10:00 on

Thursday, October 11th

Food, Fun & Fellowship!

Menu: Potato Corn Chowder,
Baked Potatoes & Chili
Bible Study with Pastor Matt 9:30,
Tai Chi with Mr. Liu 10:30

Thursday, October 18th

Food, Fun & Fellowship!

Menu: Chicken Veggie Soup &
Roast Beef Sandwiches

Bible Study with Pastor Matt 9:30,
Tai Chi with Mr. Liu 10:30

Chair Massage with Vicki 10:00 on

Thursday, October 25th

Field Trip to Salem Cross Inn in West Brookfield, MA. We will leave the church by 10:30 and return by 2:30. Our trip includes lunch and an apple pie demonstration! The Panera Bread donations help to pay for our lunch, cost TBD. Menu: cheese & crackers, Salem Cross Inn chicken pot pie, soup, butter-nut squash, mashed potatoes, and apple pie.

